

High School Football Preview

Everett Seagulls are on page 6

SCHEDULES

Monroe Bearcats

- Friday, Sept. 5 vs. Bishop Blanchet
 - Friday, Sept. 12 vs. Edmonds-Woodway
 - Friday, Sept. 19 @ Shorewood, 5 p.m.
 - Friday, Sept. 26 @ Everett, 5 p.m.
 - Friday, Oct. 3 vs. Mountlake Terrace
 - Friday, Oct. 10 @ Camas
 - Friday, Oct. 17 vs. Shorecrest (homecoming)
 - Friday, Oct. 24 @ Meadowdale, 5 p.m.
- All games are at 7 p.m. unless otherwise noted

Glacier Peak Grizzlies

- Friday, Sept. 5 @ Juanita
 - Friday, Sept. 12 vs. Snohomish
 - Friday, Sept. 19 @ Mariners
 - Friday, Oct. 3 vs. Lake Stevens
 - Friday, Oct. 10 vs. Cascade (homecoming)
 - Friday, Oct. 17 @ Arlington
 - Friday, Oct. 24 @ Jackson, 5 p.m.
 - Friday, Oct. 31 vs. Kamiak
- All games are at 7 p.m. unless otherwise noted

Lake Stevens Vikings

- Fri Sept. 5 vs. Sumner
 - Friday, Sept. 12 @ Bellevue
 - Friday, Sept. 19 @ Cascade
 - Friday, Sept. 26 vs. Mariner
 - Friday, Oct. 3 @ Glacier Peak
 - Friday, Oct. 10 @ Jackson, 5 p.m.
 - Friday, Oct. 17 @ Ferndale
 - Friday, Oct. 24 vs. Kamiak
 - Friday, Oct. 31 vs. Arlington
- All games are at 7 p.m. unless otherwise noted

Monroe aims to maintain momentum

By MERRICK PARNELL
contributing writer

The Bearcats are preparing for another run at a league championship and a deep postseason playoff run.

“We have won this league (Wesco 3A South) four years in a row, and we want to make it five this year. Our goal is to win Wesco and win the crossover,” said Monroe head coach Scott Darrow.

Last season, the Bearcats finished 9-2 overall and 5-0 in league play, with just a regular season loss coming against Camas in a nonleague matchup and their swansong being in the 3A State playoffs by falling to top-ranked East-side Catholic.

This fall, 85 players are in Monroe’s program. According to Darrow, there is strong balance across grade levels, and players have been putting in steady work during the offseason.

“Our summer has been really good — the kids have worked hard,” Darrow said. The team began official practices Aug. 20.

For Darrow and the Bearcats, the standard remains high as they continue to build toward another



Jim Scolman photo

At a practice Aug. 21, the Monroe Bearcats offensive linemen and linebackers drill with O-Line Coach Dan Alexander.

title run.

“We are just trying to get better at everything every day. We have a high standard here, and we’re building this thing brick by brick,” Darrow said.

The schedule won’t come easy. Darrow expects every league matchup to be competitive, along with difficult nonleague tests.

“We feel our league will be

very competitive this year from top to bottom, and we have tough nonleague games against Blanchet and Camas” Darrow said. The Camas Papermakers were last year’s 4A State football runner-up, falling three points shy to Sumner’s Spartans.

The Bearcats open the season at home Friday, Sept. 5 at 7 p.m. against Bishop Blanchet. They stay home

the following week to face Edmonds-Woodway on Sept. 12 before traveling to Shorewood on Sept. 19 for a 5 p.m. kickoff. Monroe visits Everett on Sept. 26 at 5 p.m., then hosts Mountlake Terrace on Oct. 3 at 7 p.m. The team heads to Camas on Oct. 10 at 7 p.m., returns home against Shorecrest on Oct. 17 and closes the month at Meadowdale on Oct. 24 at 5 p.m.

Glacier Peak eyes conference title, deep playoff run in 2025

By MERRICK PARNELL
contributing writer

The Glacier Peak Grizzlies are gearing up for another run at both the conference title and deep postseason success.

“We expect to compete for a conference championship and make a deep run into the state playoffs,” Glacier Peak head coach Shane Keck said. “Our goal doesn’t change much from year to year, so this has become the standard for our players.”

Last season, Glacier Peak finished 8-2 overall and 5-1 in district play before falling to highly ranked Curtis

28-0 in a crushing loss in the first knockout round of postseason 4A play. But in the regular season, the Grizzlies put together two separate

four-game winning streaks, with their only conference loss coming midseason to Lake Stevens.

This fall, Glacier Peak is determined to build on last year’s success and avenge that lone league loss.

“Lake Stevens has been the

frontrunner of our league for a long time, and with the returning players they have, they will be the cream of the crop again,” Keck said.

The 2025 Grizzlies will feature a large, underclassmen-

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Good Luck Bearcats!



Good Luck Grizzlies!



High School Football Preview

Snohomish targets improvement

By MERRICK PARNELL
contributing writer

The Snohomish Panthers are eager to begin the 2025 campaign with hopes of improving on last year's record, and have a new championship-winning coach to boost them up.

The Panthers finished 1-5 in the Wesco 3A North and 3-7 overall for 2024.

Despite a difficult start in 2024, the Panthers closed strong with three straight wins, including a 40-0 shutout over Everett and a 35-0 shutout of Meadowdale. That late surge has fueled optimism heading into the new season.

"We have worked really hard this offseason and are excited to see the results," new Snohomish head coach Eric Solbakken said. He was an assistant football coach at the title-champion-winning Lake Stevens Vikings before signing for Snohomish in the offseason. And, he's assembled a team of coaches with him.

Solbakken said the Panthers feature a large roster of about 130 players as of August, with each class well represented.

The 2025 season opens Sept. 5 with a home game



Jim Scolman photo

Snohomish Panther football players practice and exercise Aug. 21. While there was limited hitting it was a "no pads" conditioning and learning event. Coaches were watching closely to condition the players.

against Seattle Prep at 7 p.m. The following Friday, Snohomish faces rival Glacier Peak at the Grizzlies' home turf. The Panthers then host Sedro-Woolley on Sept. 19 before visiting Stanwood on Sept. 26. October begins with consecutive road games, first at Mount Vernon on Oct. 3 and then at Ferndale on Oct. 10. The Panthers return home Oct. 17 to host Oak Harbor, followed by another home

matchup against Marysville Getchell on Oct. 24. All games are scheduled for 7 p.m. kick-offs.

The Homecoming game is Oct. 17.

When asked about the most difficult matchup on the schedule, Solbakken didn't single out a specific opponent.

"They are all tough — great players and coaches all over the country," he said.

The coach also outlined his team's goals for the year.

"Our goals are to play as hard as possible every snap, be efficient and explosive, take care of the ball and take the ball away," Solbakken said.

SCHEDULES

Snohomish Panthers

- Friday, Sept. 5 vs. Seattle Prep
 - Friday, Sept. 12 @ Glacier Peak
 - Friday, Sept. 19 vs. Sedro Woolley
 - Friday, Sept. 26 @ Stanwood
 - Friday, Oct. 3 @ Mount Vernon
 - Friday, Oct. 10 @ Ferndale
 - Friday, Oct. 17 vs. Oak Harbor (homecoming)
 - Friday, Oct. 24 vs. Marysville Getchell
- All above games are at 7 p.m.*

Jackson Timberwolves

- Friday, Sept. 5 @ Everett, 8 p.m.
 - Friday, Sept. 12 vs. Lake Washington, 8 p.m.
 - Friday, Sept. 19 @ Arlington
 - Friday, Sept. 26 vs. Cascade, 8 p.m.
 - Friday, Oct. 3 @ Kamiak
 - Friday, Oct. 10 vs. Lake Stevens, 5 p.m.
 - Friday, Oct. 17 @ Mariner
 - Friday, Oct. 24 vs. Glacier Peak, 5 p.m.
- All games are at 7 p.m. unless otherwise noted*

Good Luck Panthers!



High School Football Preview

SCHEDULES

Everett Seagulls

- Friday, Sept. 5 vs. Jackson, 8 p.m.
 - Friday, Sept. 12 @ Shorecrest
 - Friday, Sept. 19 @ Edmonds-Woodway, 5 p.m.
 - Friday, Sept. 26 vs. Monroe, 5 p.m.
 - Friday, Oct. 3 vs. Shorewood, 5 p.m.
 - Friday, Oct. 10 vs. Meadowdale, 8 p.m.
 - Friday, Oct. 17 @ Mountlake Terrace, 8 p.m.
 - Friday, Oct. 24 @ Cascade, 8 p.m.
- All games are at 7 p.m. unless otherwise noted*

Cascade Bruins

- Friday, Sept. 5 vs. Mountlake Terrace, 5 p.m.
 - Friday, Sept. 12 @ Redmond
 - Friday, Sept. 19 vs. Lake Stevens
 - Friday, Sept. 26 @ Jackson, 8 p.m.
 - Friday, Oct. 3 vs. Arlington, 8 p.m.
 - Friday, Oct. 10 @ Glacier Peak
 - Friday, Oct. 17 vs. Kamiak
 - Friday, Oct. 24 vs. Everett, 8 p.m.
 - Friday, Oct. 31 @ Mariner
- All games are at 7 p.m. unless otherwise noted*

Everett High looks to build momentum

By MERRICK PARNELL
contributing writer

The Everett High School Seagulls hope to improve on last season's 2-8 overall record in Wesco 3A South, which included a 20-14 win over Edmonds-Woodway in Week 3 and a statement 26-9 victory over Lynnwood in the season finale. This year, Everett aims to carry that late-season momentum into a stronger campaign.

Head coach Mark Stewart, a former professional player in the National Football League and Canadian Football League, once again leads Everett. Stewart also spent time coaching in the United States Football League and at the college level with Western Washington University. He has held coaching roles at several area high schools, including Mariner and Meadowdale, and took over as Everett's head coach in the



Doug Ramsay 2022 photo

winter of 2023.

"I'm not aiming for a specific number of wins this season; my main goal is to win every game," Stewart said. "Can we, as a team, develop a process that helps us go out and win each game?"

We also know that the other teams coach their players, too, and that's not always possible. A more realistic goal is: are we prepared to compete in every game? If we do a good job preparing as a team, it should help us win

more games and make the playoffs."

The Seagulls open the season Sept. 5 at home against Jackson, followed by a road game at Shorecrest on Sept. 12. On Sept. 19, they travel to Edmonds-Woodway before returning home Sept. 26 to host Monroe. Everett continues with home matchups against Shorewood on Oct. 3 and Meadowdale on Oct. 10. The team then hits the road to face Mountlake Terrace on Oct. 17 and closes the regular season Oct. 24 at Cascade.

"I think the first game we're looking forward to is against Jackson, a district rival, and it's also our first game," Stewart said. "And of course, the Battle of Broadway is a big one for us. The Bruins have been tough on us the last couple of years, and it will be a good measuring stick to see how far we've come as a program."

Grizzlies

Continued from page 1

heavy roster of 115 players, including 50 freshmen, 28 sophomores, 12 juniors and 25 seniors.

"We return nine players on defense, so that should be a strong suit early in the season. We also return most of our skill players on offense, so we'll need to utilize their

strengths while our young offensive line and quarterbacks gain experience," Keck said.

The Grizzlies also participated in the Central Washington University Team Camp this summer, an experience Keck said helped the roster develop and bond ahead of the season.

Glacier Peak opens on Sept. 5 with an away game at Juanita, followed by its home opener Sept. 12 hosting Snohomish. The Grizzlies then

visit Mariner on Sept. 19 before hosting Post Falls Sept. 26. October features back-to-back home matchups against Lake Stevens on Oct. 3 and Cascade on Oct. 10, followed by road games at Arlington Oct. 17 and Jackson Oct. 24. The regular season concludes at home Oct. 31 hosting Kamiak.



Jim Scolman 2024 photo

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Go Teams!